

# OBSIMED®

Medical device CE 0086

Prevents extreme overweight and excessive eating  
Contributes to a balanced diet  
For substantial weight loss and the treatment of obesity

**General recommendations:** Carefully read the information for use before taking Obesimed®, even if you have used this product before. The information may have been amended according to new research and findings in the time since you last opened package. Keep this information in case you need to consult it again.

**Application:** Obesimed® is a medical device for treating adults and children who are slightly to extremely overweight. Using Obesimed® prevents excessive eating and contributes to a balanced diet and leads to substantial weight loss. Obesimed® absorbs large amounts of water and forms a natural substance that fills the stomach. This gives a sensation of being full, achieving satisfaction more readily during a meal and the period afterwards. It helps fill the stomach in order to prevent obesity and eating disorders.

**Dosage and use:** Obesimed® must not be used for longer than 30 days in one treatment period. The capsule must be swallowed in whole. While reducing weight with Obesimed®, supplement your diet with the recommended daily allowance of vitamin and mineral preparations from A to Z.

**Adults:** 3 x daily 2 capsules with 2 glasses of water 1 hour before meals.

**Children 10 years and older:** 2 - 3 x daily 2 capsules with 2 glasses of water 1 hour before meals.

Do not exceed daily dosage.

**Ingredients:** The product is based on vegetable ingredients: OMTEC 19®, Amylum Solani, Hypromellose (E464), Oleum Helianthi, Titanium Dioxide (E171). The product is suitable for vegetarians.

**Allergens:** This product contains no allergens.

**Use during pregnancy or breast feeding:** It is inadvisable to lose weight while pregnant or breast feeding as possibly harmful substances may be released from fatty tissues and be absorbed by the child. Using Obesimed® is therefore not recommended.

**Usage in combination with other drugs:** Obesimed® lowers blood glucose levels. Usage in combination with

other diet supplements/medicines that achieve a comparable hypoglycemic effect is therefore not recommended. Oral medication must be taken either 1 hour before or 4 hours after taking Obesimed®.

#### Warning:

- Obesimed® must not be taken if oversensitive to one or more of the ingredients. If in doubt whether to use and/or in combination with another drug, consult your physician or pharmacist.
- Do not open the capsule before using.
- Keep out of reach of small children.
- Children should take Obesimed® only under strict adult supervision.

**Possible side effects:** Obesimed® is well tolerated and has few side effects. Mild stomach and intestinal complaints may arise, such as slight diarrhea, reflux and gas. These side effects usually disappear after a few days. Consult your physician if complaints last longer than 3 days.

**Total net weight:** 45 capsules 40 gram, 135 capsules 121 gram, per capsule 895 mg.

**Storage:** Room temperature (15-25°C) in a dry dark place, in the original container.

**Medical device:** Production in accordance with strict quality standards of ISO 13485:2003. Obesimed® is a Class IIa medical device conform the medical device directive 93/42/EEC.

**Obesimed® information line:** For specific questions regarding this medical device product call the info-line at ☎ 0800-73183. This special number can be reached during office hours.

**Expiry date:** Using Obesimed® after the date on the package labeled 'expiry date' is not recommended.

Date on which this information for use was last revised: April 2009 IFU: OB 04-09

**Manufacturer:** PK Benelux I Pharma Care BV, Vuchtoord 17, 5406 XP Uden, NL